

List	Name	Nat	PB	Bio
M 60				
H1				
1				
2	Reuben Arthur	GBR	6.68	2018 Commonwealth Games Gold Medal 4 x 100m
3	D'Angelo Cherry	USA	6.52	2013 NCAA Indoor Champion
4	Confidence Lawson	GBR	6.64	
5	SU Bingtian	CHN	6.42	2018 World Indoor Champs Silver Medal; 2018 Glasgow Grand Prix Winner
6	Ross Daly	IRE	7.29	
7	Takuya Kamakawi	JPN	6.80	10.30 100m PB
8				
H2				
1				
2	Masafumi Naoki	JPN		10.37 100m PB
3	Christopher Sibanda	IRE	6.85	
4	Chad Miller	GBR	6.88	2018 World U20 Champs Semi-Finalist
5	Sean Safo-Antwi	GHA	6.55	2018 World Indoor Champs Finalist
6	Kyle de Escofet	GBR	6.59	
7	Leo Morgan	IRE	6.82	2018 Irish Indoor Champs Bronze medallist
8	Marcus Lawler	IRE	6.78	Four time National Indoor Champion
M 400				
1	Efe Okoro	GBR	46.73	
2	Leon Reid	IRE	48.48	2018 Commonwealth Games 200m Bronze medallist
3	Luke Lennon-Ford	IRE	47.05	2018 Irish Indoor 400m Champion
4	Tony Van Diepen	NED	46.87	2018 Dutch National Indoor and Outdoor 400m Champion
5	Ricardo Dos Santos	POR	47.14	2018 European Champs 400m 7th place; Four time Portuguese National 400m Champion
6	Thomas Barr	IRE	46.87	2018 European Champs 400H Bronze medalist; 2016 Olympic Games 400H 4th place
M 800				
1	Shane Fitzsimons	IRE	1:49.30	
2-1	Conall Kirk	IRE	1:49.69	
2-2	Mark Milner	IRE	1:49.75	
3-1	Zak Curran	IRE	1:50.15	2018 Oslo Bislett Games 2nd place
3-2	Harvey Dixon	GIB		
4-1	Charles Grethen	LUX	1:48.26	
4-2	Jordy Williamsz	AUS		2018 Commonwealth Games 1500m 6th place
5	Erik Sowinski	USA	1:46.57	2016 World Indoor Champs Bronze medalist; Three time USA National Indoor Champion
6-1	Mark English	IRE	1:46.82	2015 Euro Indoor Champs Silver medal; 2014 Euro Champs Bronze medal
6-2	Joseph Lyons	IRE	PACE	51/52 @ 400
M MILE				
1	Rory Chesser	IRE	4:11.07	2018 Irish Indoor Champs 1500m 3rd place
2	Brian Fay	IRE	no time	
3	Darren McBrearty	IRE	no time	
4	Corey Bellemore	CAN	3:57.20	2015 Canadian 800m Champion
5	Kieran Kelly	IRE	4:03.17	2018 National Indoor 1500m Champion
6	Eoin Everard	IRE	4:02.83	2018 Irish Indoor Champs 3000m Silver medallist
7	Paul Robinson	IRE	4:02.77	2014 European Championships 1500m 4th place
8	Sol Sweeney	GBR		
9	Stewart McSweyn	AUS	no time	2018 IAAF Continental Cup 3000m 4th place; 2018 Commonwealth Games 5000m 5th place
10	John Travers	IRE	3:58.10	Four time National Indoor Champion; 2015 Euro Indoor Champs 7th place
11	Ryan Gregson	AUS	3:55.97	2018 IAAF Continental Cup 1500m 5th place; 2018 Australian National Champion 1500m
12	Marcin Lewandowski	POL	no time	2018 World Indoor Champs Silver medalist; 2018 Euro Champs 1500m Silver medalist; 2017 Euro Indoor Champion 1500m

	13	Dairie Finn	IRE	PACE	Preferred pace 1:56 @ 800. Target 3:53.
	14	Andrew Coscoran	IRE	PACE	
M 60mH					
H1	1				
	2				
	3	Jake Porter	GBR	7.84	2018 British Indoor Champs 4th place
	4	Andreas Martinsen	DEN	7.68	2017 Euro Indoor Champs 8th place
	5	Elmo Lakka	FIN	7.76	2018 European Champs semi-finalist
	6	Josh Armstrong	IRE	8.60	
	7	Aaron Tierney Smith	IRE	8.56	
	8				
H2	1				
	2	Ayomide Byron	GBR	8.37	
	3	Shane Aston	IRE	8.32	
	4	Matthew Behan	IRE	7.84	2018 Irish Indoor Champion
	5	David King	GBR	7.63	2018 British Champs Silver medalist; 2018 European Champs semi-finalist
	6	Patrick Heffernan	IRE	8.40	
	7	Rolus Olusa	IRE	8.27	
	8				
M PV					
				In / Out	
	1	Tommi Holttinen	FIN	5.55 / 5.51	2017 Euro U23 Champs 7th place
	2	Urho Kujanpaa	FIN	5.56 / 5.50	
	3	Mareks Arents	LAT	5.60 / 5.70	2017 Euro Indoor Champs finalist
	4	Charlie Myers	GBR	5.50 / 5.60	2018 British Champion
	5	Pål Lillefosse	NOR	5.56 / 5.46	2018 European U18 Champion
	6	German Chiaraviglio	ARG	5.60 / 5.75	2017 South American Champion
	7	Thiago Braz	BRA	5.93 / 6.03	2016 Olympic Champion
M LJ					
	1	Donal Kearns	IRE	6.56	
	2	Darragh Minter	IRE	6.73	
	3	Eamonn Fahey	IRE	7.15	
	4	Keith Marks	IRE	7.20	2018 Irish Indoor Champs Silver medalist
	5	Shane Howard	IRE	7.53	2018 Irish Champs Bronze medalist
	6	Paul Ogun	GBR	7.79	2018 British Indoor Champs 5th place
W 60					
H1	1				
	2	Sarah Quinn	IRE	7.48	
	3	Evonne Britton	USA	7.52	2010 World Junior Champs 400m Silver medalist
	4	Ama Pipi	GBR	7.38	
	5	Flings Owoso-Agyapong	GHA	7.18	2018 Commonwealth Games 4 x 100m 5th place
	6	Corinne Humphries	GBR	7.38	2018 Commonwealth Games semi-finalist
	7	Ciara Neville	IRE	7.30	2018 World Junior Champs 4 x 100m Silver medalist
	8				
H2	1				
	2				
	3	Charlotte Wingfield	MLT	7.44	
	4	Phylcia George	CAN	7.27	2016 Olympic Games 100H Finalist; Four time Canadian National Champion
	5	Gayon Evans	JAM	7.14	2018 Commonwealth Games 100m Silver medalist
	6	Molly Scott	IRE	7.36	2018 World U20 Champs 4 x 100m Silver medalist

7	Vicky Harris	IRE	7.72	
8				
W 400				
1	Sophie Becker	IRE	53.66	
2	Jessie Knight	GBR	53.16	
3	Kendra Chambers	USA	52.83	2017 USA Indoor Champs Bronze medallist
4	Lina Nielsen	GBR	52.89	2015 Euro Junior Champion 4 x 400m
5	Meghan Beesley	GBR	52.80	2018 Euro Champs 400H Bronze medallist
6	Anita Horvat	SLO	52.22	National record holder 400m indoor and outdoor; Six time National Champion
W 800 Pre-Programme				
1	Ellie Hartnett	IRE		
2	Jenna Brommel	IRE	2:06.26	
3	Jo Keane	IRE		
4	Nadia Power	IRE	2:09.39	
5	Claire Mooney	IRE	2:03.56	
6	Alanna Lally	IRE	PACE	
W 1500				
1	Kerry O'Flaherty	IRE	4:14.63	Three time Irish Indoor Champion
2	Claire Tarplee	IRE	4:13.16	Two time Irish National 1500m Indoor Champion
3	Sarah Healy	IRE	4:16.03	2018 European U18 Champion 1500m & 3000m
4	Amy O'Donoghue	IRE	4:18.82	
5	Natalia Evangelidou	CYP	4:14.62	
6	Hannah England	GBR	4:07.13	2013 World Champs 4th place; 1500m outdoor PB 4:01.89
7	Anna Silvander	SWE	4:11.23	Three time Swedish National Indoor Champion
8	Claudia Bobocea	ROM	4:08.19	2018 World Indoor Champs Finalist
9	Ciara Mageean	IRE	4:08.66	2018 European Champs 1500m 4th place; Five time National Champion
11	Ellie Baker	IRE	PACE	Preferred pace 2:12 @ 800m and 2:45 @ 1000m
W HJ				
1	Sommer Lecky	IRE	1.90	2018 World U20 Championships Silver medallist; 2018 Irish National Indoor Champion
2	Phillippa Rogan	IRE	1.83	2017 Irish National Champion
3	Ximena Lizbeth Esquivel	MEX	1.91 (o)	2016 World U20 Champs Silver medallist
4	Emma Nuttall	GBR	1.88	2017 British Championships 2nd place
5	Beth Partridge	GBR	1.89	2018 Commonwealth Games 8th place
6	Tatiana Gusin	GRE	1.90	